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代表性学术成果：

（一）学术论文（请选择 10 篇代表作）

Zhou, N., Cheah, C. S. L., Wang, G., & Tan, T.(2020). Mothers' feeding profiles among overweight, normal weight and underweight Chinese preschoolers. *Appetite*, 152. doi: 10.1016/j.appet.2020.104726

Chen, B., &**Zhou, N.** (2019). The Weight status of only children in China: The role of marital satisfaction and maternal warmth. *Journal of Child and Family Studies*, 28(10), 2754-2761. <https://doi.org/10.1007/s10826-019-01455-z>

Liu, S., **Zhou, N.**, Wang, Z., Hao, Y. (2019). Maternal childhood emotional abuse predicts Chinese infant behavior problems: Examining mediating and moderating processes. *Child Abuse & Neglect*, 88, 307-316. <https://doi.org/10.1016/j.chiabu.2018.12.006>

Zhou, N., Cheah, C. S. L., Li, Y., Liu, J., & Sun, S. (2018). The role of maternal and child characteristics in Chinese children's dietary intake across three groups. *Journal of Pediatric Psychology*, 43(5), 503-512. doi: 10.1093/jpepsy/jsx131

Liu, S.#, **Zhou, N.#**, Wang, Z., Liang, X. & Shi, J. (2018). Maternal life stress and subsequent Chinese toddlers' social adjustment: The moderating role of inhibitory control. *Journal of Child and Family Studies*. 27(2), 412-420. doi: 10.1007/s10826-017-0887-1 #Co-first authors.

Zhou, N., Cheah, C. S. L., Van Hook, J., Thompson, D., & Jones, S. S. (2015). A cultural understanding of Chinese immigrant mothers' feeding practices. *Appetite*, 87, 160-167. doi:10.1016/j.appet.2014.12.215

Zhou, N. & Cheah, C. S. L. (2015). Ecological risk model of childhood obesity in Chinese immigrant children. *Appetite*, 90, 99-107.

doi:10.1016/j.appet.2015.02.028

Cheah, C. S. L., Li, J., **Zhou, N.**, Yakamoto, Y., & Leung, C. Y. Y. (2015).

Understanding Chinese immigrant and European American mothers' expressions of warmth. *Developmental Psychology*, 51(12), 1802-1811.

<http://dx.doi.org/10.1037/a0039855>

张静驰, 周楠(2019). 中国幼儿教师心理健康研究状况进展. 中国学校卫生, 40(3), 474-477. doi: 10.16835/j.cnki.1000-9817.2019.03.045

周楠. (2017). 我国学龄前儿童家庭喂养状况研究进展. 中国学校卫生, 38 (11), 1757. doi: 10.16835/j.cnki.1000-9817.2017.11.047

(二) 会议报告

周楠, 王争艳. 早期母亲喂养方式与婴幼儿气质的纵向研究: 基于个体中心视角. 中国心理学会发展心理专业委员会第十五届学术年会, 2019年6月。

Zhou, N. (March, 2019). *Parenting and child temperament predicts Chinese preschoolers' emotional eating behaviors*. Biennial Meeting of Society for Research in Child Development, Baltimore, MD, U.S.

Zhou, N., Wang, Z., & Liu, S. (July, 2018). *Chinese mothers' feeding profiles during motherhood transition: associations with individual and marital factors and infant temperament*. 25th Biennial Meeting of the International Society for the Study of Behavioral Development, Gold Coast, Queensland, Australia.

Zhou, N., Wang, Z., Liu, S., & Cheah, C. S. L. (April, 2017). *The role of infant temperament and marital satisfaction in maternal feeding styles during the transition to parenthood*. Biennial Meeting of Society for Research in Child Development, Austin, TX, U.S.

Zhou, N., Cheah, C. S. L., Li, Y., & Liu, J. (July, 2016) *Moving on up: Parenting and young Chinese children's risk for obesity in the U.S. and urban China*. 24th Biennial Meeting of the International Society for the Study of Behavioral Development, Lithuania.

Zhou, N., Cheah, C. S. L., & Balkaya, M. (March, 2015). *Asian immigrant parents' early-life deprivation predicts their current food parenting beliefs and child diet*. Biennial Meeting of Society for Research in Child Development,

Philadelphia, PA, U.S.

主持课题项目：

1. 2019 年度北京市属高校高水平教师队伍建设青年拔尖人才培养计划，
2019-2021
2. 国家自然科学基金青年科学基金项目，儿童肥胖问题早期风险识别研究：基于发展心理学视角，2018/01-2020/12
3. 北京市社会科学基金青年项目，差别易感性假说在幼儿超重与肥胖成因中的应用，2017/07-2020/06
4. Brigham Young University 跨文化研究项目，Parents and Children in Families and in Cultures- Beijing Site，2016/01-2019/12
5. 首都师范大学-中青年骨干教师人才项目-青年燕京学者培育对象，
2017/01-2019/12
6. 首都师范大学-科技创新服务能力建设-交叉科研项目，自我调节与母亲养育对儿童超重和肥胖的关系研究，2017/01-2017/12

近年指导学生论文题目：

- 《学前儿童执行功能与饮食行为关系的研究》，张静驰，2020 年
- 《家庭喂养、儿童气质与幼儿饮食行为的关系》，管梦雪，2020 年
- 《幼儿园饮食营养教育的现状研究》，李辛香，2020 年
- 《母亲自主支持和鼓励联结与幼儿社会行为发展的关系研究》，范倩倩，2020 年

